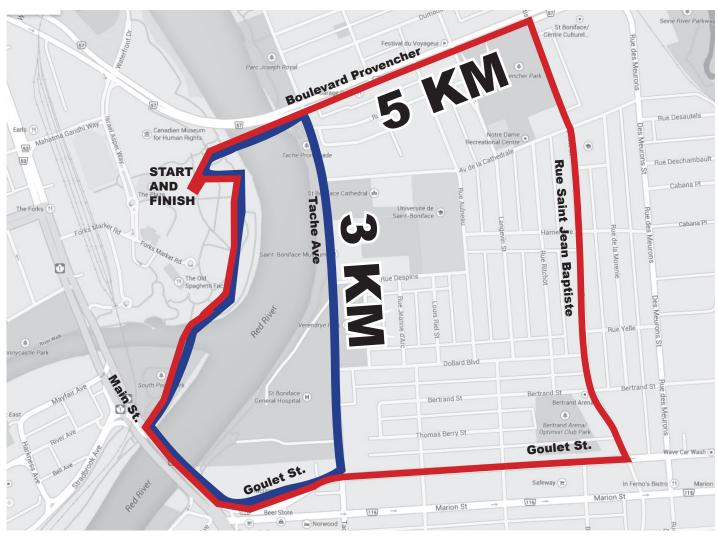
Route Map

AlzheimerSociety

Dementia Care & Brain Health





3 KM Walk Route

30-45 minutes

- Cross start line and follow pathway to Esplanade Riel
- 2. Cross Bridge
- 3. Turn right onto Tache Avenue
- 4. Continue down Tache Avenue to Goulet and turn right at Main Street.
- 5. Continue onto Main Street
- 6. Continue over the Norwood Bridge and turn right up the pathway back to The Forks
- 7. Cross footbridge and stay on pathway
- 8. Continue along the Living Prairie Grass Garden along the pathway
- 9. Cross finish line at Festival Stage!

5 KM Walk Route

45 minutes - 1 hour

- Cross start line and follow pathway to Esplanade Riel
- 2. Cross Bridge
- 3. Continue up Provencher Boulevard
- 4. Turn right onto St. Jean Baptiste Street
- 5. Turn right onto Goulet Street
- 6. Continue onto Main Street
- 7. Continue over the Norwood Bridge and turn right up the pathway back to The Forks
- 8. Cross footbridge and stay on pathway
- 9. Continue along the Living Prairie Grass Garden along the pathway
- 10. Cross finish line at Festival Stage!